

Shiatsu Courses

2010



An Introduction to Shiatsu £120

Learn simple yet effective Shiatsu in a series of small routines, that you can do on friends and family.

Sunday 21st & 28th February

Repeated Sunday 16th & 23rd May

Sunday 15th & 22nd August

Sunday 21st & 28th November

Shiatsu Foundation Course £360

A more extensive range of basic Shiatsu and an introduction to the concepts of Ki and Yin & Yang.

Three Weekends from 12th - 27th June

Seated Shiatsu for Body-workers £60

For qualified body-workers looking to establish a seated framework for their therapy as well as learn some Shiatsu.

Sunday 24th January

Repeated Sunday 25th July

For more details go to:

courses.zenshiatsu-glasgow.co.uk

To Book contact:



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